

EDUCATOR RESOURCE—CONDOM NEGOTIATION

USING CONDOMS

Positive Upsides

Negative Downsides

They protect against STBBIs.

They feel/taste/smell bad.

They protect against pregnancy.

They interrupt sexual activity to put one on.

The security of being protected against STBBIs and pregnancy can be comforting and reassuring.

The feeling of being less close or intimate with your partner while wearing a condom.

They do not need a prescription.

It is embarrassing to buy or pick up condoms.

They are free at many clinics and community centres.

They are expensive at the grocery store.

There are different options for condoms, including internal/external, polyurethane, latex, different sizes and different sensations.

Latex allergies are fairly common.

They can be used with lube for extra pleasure.

Sex doesn't feel as good with a condom on.

They provide the opportunity for more communication during sex.

Wearing a condom requires extra communication during sex.
