

Sexuality Statement Sets

Each statement set has 2 true statements and 1 false statement. Circle the statement in each set that is false.

STATEMENT SET 1

- a) The waxy substance under the foreskin and between labial folds (called Smegma) is natural.
- b) You need special soap to wash your genitals.
- c) You should never douche your vagina.

STATEMENT SET 2

- a) Genitals come in all shapes, colours, and sizes.
- b) Pubic hair is natural. It is okay to remove it and it is okay if you don't.
- c) If you have a cervix, you need a Pap test before you turn 18.

STATEMENT SET 3

- a) Any person of any sex can get a yeast infection.
- b) People may have an STBBI and not know it.
- c) All bumps in the genitals are STBBIs.

STATEMENT SET 4

- a) Breastfeeding is possible because of a complex interaction of three hormones that occur after you give birth.
- b) When you are pregnant, you have to stop having sex.
- c) You have to take the birth control pill daily for it to be effective.

STATEMENT SET 5

- a) Clitoral stimulation is important for pleasure and orgasms.
- b) It is important to be well lubricated before anything goes inside the vagina or the anus.
- c) Urinary tract infections (UTIs) can only happen to people with vaginas.

STATEMENT SET 6

- a) Once you start menstruating, you should get a menstrual period every month.
- b) It is okay to have sex during your period.
- c) Some people can ejaculate from their vulva.

STATEMENT SET 7

- a) You get better at using condoms if you practise.
- b) Smoking and alcohol can affect erections.
- c) If you have a penis, orgasm is the same thing as ejaculating.

STATEMENT SET 8

- a) By high school, people know what their sexual orientation is.
- b) The human papilloma virus (HPV) doesn't always lead to cervical cancer or penile cancer.
- c) Safer sex is the responsibility of everyone involved.

STATEMENT SET 9

- a) People have different opinions and preferences when it comes to oral sex.
- b) You can ejaculate in your sleep even if you are not having sexual dreams or thoughts.
- c) If your body shows signs of arousal (e.g., erection, wetness, hardened nipples), it means you are consenting to sex.

STATEMENT SET 10

- a) Research shows that learning about sexual health increases sexual activity.
- b) It is important to consume pornography wisely.
- c) Most Canadians have not had penetrative sex by age 16.

STATEMENT SET 11

- a) Sex only counts if you have sexual intercourse with a penis and a vagina.
- b) If you have oral sex, practising safer oral sex is important in preventing STBBIs.
- c) If you have anal sex, practising safer anal sex is important in preventing STBBIs.

STATEMENT SET 12

- a) The concept of “losing your virginity” is a social construct; this is not a scientific concept.
- b) HIV is a “gay disease.”
- c) If you identify as a lesbian woman you can get STBBIs.

STATEMENT SET 13

- a) Sex is only sex if a person with a penis ejaculates.
- b) It is common for breast tissue to feel different at different points in your menstrual cycle.
- c) People of any gender identity and sex can masturbate (self-pleasure).

STATEMENT SET 14

- a) Everyone can get “jock itch.”
- b) The only reason why people have sex is reproduction.
- c) Getting to know your body (whether you have breasts, testicles, a penis, a menstrual cycle etc.) is a good sexual health practice.