

Empathy Lab

Scenario 1

Tan's grandfather died last week, you know that they were very close. Tan seems strangely cheery about it at school. Whenever someone says, "I'm sorry about your grandfather," Tan laughs and says, "Oh I'm fine! He was so old! Hahahaha!"

- What might Tan be feeling? Describe all the different emotions, even if they are conflicting.
- What might Tan be needing? From a close friend? From an acquaintance?

Scenario 2

There are rumours that a naked photo of Tay is circulating. Tay has since been avoiding the cafeteria and skipping classes.

- What might Tay be feeling? Describe all the different emotions, even if they are conflicting.
- What might Tay be needing? From a close friend? From an acquaintance?

Scenario 3

Teagan uses a motorized scooter because of a mobility issue. Friends love to hang onto Teagan's scooter while on their skateboards and go for a "ride." Teagan doesn't think they would all be friends if it wasn't for the scooter.

- What might Teagan be feeling? Describe all the different emotions, even if they are conflicting.
- What might Teagan be needing? From the friends? From an acquaintance?

Scenario 4

Arooj does a lot of things that break gender stereotypes. Some students make fun of this and other students think it's cool. Arooj doesn't hang out with anyone while at school but has a group of friends outside of school who are a little bit older.

- What might Arooj be feeling? Describe all the different emotions, even if they are conflicting.
- What might Arooj be needing? From the friends? From an acquaintance?

Scenario 5

Marley is one year older and much taller than other students in class. Marley has a small group of friends who are generally very aggressive with other students. Marley picks on smaller students and forces them to give up their seats during lunch.

- What might Marley be feeling? Describe all the different emotions, even if they are conflicting.
- What might Marley be needing? From the friends? From an acquaintance?