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## EDUCATOR ANSWER KEY—BOUNDARY SETTING SCENARIOS

### Scenario 1

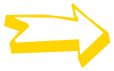
At a tournament, the coach sits next to you while watching another team's game. The coach laughs about something, claps your knee, and leaves their hand there. You shift your knee to try to move their hand but they continue to hold on.

- Name it: "Hey coach, your hand is on my knee."
- Direct it: "Hey coach, can you give me some space?" or "Please move over a bit" or push the hand off your knee with your hand and/or move your knee.
- Repeat it: Repeat the first two statements.
- End it: "Okay, see you later" or "I am not into this" and walk away.

### Scenario 2

A young artist is selling comic strips at a booth. You start a conversation about art and now they are pestering you to buy something. You repeatedly say you don't have any money.

- Name it: "You keep asking me to buy it even though I told you I don't want to."
- Direct it: "Stop asking me to buy it! Just show me your awesome art!"
- Repeat it: Repeat the first two statements.
- End it: "Let's stop talking about money, that's not a possibility today" and continue to talk about art or "You've got great stuff, thanks. I have to go now" and walk away.



### Scenario 3

Your friends are making fun of other friends on social media. You find it upsetting. You have tried to change the conversation a few times. They tell you to relax and continue.

- Name it: "We are trashing our friends"
- Direct it: "Stop!" "Don't trash our friends. I would never let them trash you." "This really sucks."
- Repeat it: Repeat the first two statements.
- End it: "I'm out." Sign out of the chat/conversation/group and/or start a new thread.

### Scenario 4

You lied to your sibling about trying their clothes on without permission. You have since apologized sincerely. They have accepted your apology but will not let the issue go. For three days now they have followed you around calling you names.

- Name it: "You're following me around calling me names." "I have apologized sincerely for trying your clothes on and you continue to badger me."

- Direct it: “Stop!” “You can’t treat me like this!” or “Don’t follow me around and don’t call me names.”
- Repeat it: Repeat the first two statements.
- End it: “I need this name-calling to stop.” “Let’s talk about what happened, either now or when you feel ready.”

### Scenario 5

You told the person you have been dating that you need a break. They give you the silent treatment for three days and then start spreading rumours about you.



- Name it: “You’ve been giving me the silent treatment and spreading rumours about me.” Or “All I said was that I needed a break and instead of talking about it, you have been ignoring me and saying mean, untrue things about me behind my back.”
- Direct it: “I know that you’re feeling hurt and rejected but this is not a helpful way to deal with your feelings.” Or “This really hurts and it needs to stop.”
- Repeat it: Repeat the first two statements.
- End it: “Let’s talk about what happened but in the meantime, these rumours have to stop.”