

EDUCATOR RESOURCE—NEGOTIATION (SCENARIO C)

C) You have been dating someone for 2 weeks. You want to make it official on your social media account. The person you are dating does not want their ex to find out just yet.

What is it you want?

- To declare you are a couple publicly on social media

What is it they want?

- To not declare you are a couple yet

If you get what you want, what needs are fulfilled? Why do you want what you want?

- Recognition
- Expression
- Respect

If they get what they want, what needs are fulfilled? Why do they want what they want?

- Peace of mind
- Consideration

Complete this sentence:

I would like to publicly be a couple on social media because recognition and expression of who we are to each other and feeling respected by you are important to me.

Complete this sentence:

You are saying that you want to not publicize us on social media yet because considering your ex's feelings and your own peace of mind are important to you. Is that right?

List as many solutions as you can. Be creative. Don't judge whether something is good or bad just yet.

- Publicizing it on social media
- Not publicizing it on social media
- Publicizing it with close friends in person
- Exchanging a symbol of your relationship (Like a pin? A ring? A necklace? A jacket?)
- Deciding on a date to publicize it some time in the future
- Deciding on what you want to call each other (Girlfriend? Boyfriend? Lover? Partner?)

Circle or check mark the solutions that satisfy at least SOME of each of your needs.

Can you combine or tweak one or more of these solutions so that it satisfies even more of both people's needs?

- Exchanging a symbol of your relationship so far
 - Deciding on a date to publicize the relationship in the near future
 - Telling your friends that you are each other's _____
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