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## EDUCATOR ANSWER KEY—HOW ARE THEY DOING?

1. Assign a flag colour to each scenario.
  - Red Flag = There's a cause for concern
  - Yellow Flag = Depends, need to pay more attention
  - Green Flag = Looks good, carry on
2. For each scenario, answer the question: What are each person's options?

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**Tatum and Kai** spend all their time together. They text constantly and only hang out with each other. Tatum always has to know where Kai is. When they are together, they always seem to be either fighting or making up.



1. Red Flag
2. Tatum's options:
  - work through why they always need to know where Kai is
  - stop the controlling behaviour at the centre of their relationship
3. Kai's options:
  - ask for more space from Tatum
  - break up with Tatum
  - spend less time with Tatum
  - text each other less
  - look into the reasons why they are always fighting or making-up and working to change this relationship dynamic

**Blake and Harper** have been dating even though Blake's parents do not allow dating. Blake really likes Harper and sometimes sneaks out so they can be together. Harper takes advantage of Blake's inexperience and pressures more sexual involvement than Blake feels comfortable with.

1. Red Flag
2. Blake's options:
  - assertively communicating their boundaries
  - end the relationship if Harper continues to not respect Blake's boundaries
3. Harper's options:
  - listen to Blake when they communicate their boundaries

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**Marley and Dani** are a couple who like the same music and enjoy dancing together. Dani does not enjoy watching hockey, so Marley does that with other friends. Marley and Dani are affectionate with each other but because Marley does not like public displays of affection, they do not make out in front of others, just hold hands.



1. Green Flag
2. Marley's options:
  - continue going to hockey with friends
  - continue communicating their boundaries
3. Dani's options:
  - can continue respecting Marley's boundaries

**Cam and Darcy** love each other. Cam is an extrovert and Darcy is an introvert. Darcy is worried that Cam will find someone who is more outgoing so Darcy has limited the number of friends Cam can have. Cam goes along with it to stay with Darcy.

1. Red Flag
  2. Cam's options:
    - assertively communicate their boundaries
  3. Darcy's options:
    - respect Cam's boundaries.
    - work through why they are limiting Cam's friends
    - stop this controlling behaviour
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**Brooklyn and Dominique** are very attracted to each other. They do not have much in common and go to different schools. They also have very different goals in the future. They have strong sexual chemistry and communicate really well.

1. Green Flag
2. Brooklyn's options:
  - continue the relationship if it makes sense for them
  - end the relationship if they find being at different schools or having different future goals causes problems
3. Dominique's options:
  - continue the relationship if it makes sense for them
  - end the relationship if they find being at different schools or having different future goals causes problems.



**Kayden and Benny** are friends. They also have a sexual relationship but do not consider themselves to be in a relationship. None of their friends know that they are sexual with each other.

1. Yellow Flag
2. Kayden's options:
  - continue their friendship and their sexual relationship
  - tell their friends
  - mutually break off the sexual relationship at any time and choose to remain friends
3. Benny's options:
  - continue their friendship and their sexual relationship
  - tell their friends
  - mutually break off the sexual relationship at any time and choose to remain friends

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**Alex and Jordan** are best friends who have known each other since they were 3. They hang out all the time. Alex puts Jordan down about clothes, friends, family—everything. Sometimes Alex pushes Jordan against the lockers in anger.

1. Red Flag
2. Alex's options:
  - end the friendship because of disrespect and physical and emotional violence
  - assertively communicate boundaries
  - tell someone that they trust about the way Jordan has been treating them
3. Jordan's options:
  - respect Alex and their long time friendship by stopping the violent behaviour
  - seek help to stop their violent behaviour




**Sandy and Lee** are in the same grade. Sandy is not out as gay, although Lee is. Sandy is not ready. Lee keeps pressuring Sandy to come out because Lee feels like Sandy is being a coward.

1. Red Flag
  2. Sandy's options:
    - talk to Lee and ask that their boundaries be respected
    - talk to an adult that they trust about Lee's behaviour and strategize ways that both Sandy and Lee can feel safe to come out, or to not come out
  3. Lee's options:
    - stop assuming that Sandy has come out to themselves and/or that they want to come out to a larger audience
    - talk to someone that they trust about why they are pressuring Sandy to come out
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**Kenzie and Addison** are cousins who go to the same school. Addison feels jealous of Kenzie's family wealth. In revenge, Addison suddenly stopped talking to Kenzie at school. When Kenzie asked what was going on, Addison said, "nothing" and walked away.

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1. Yellow Flag
  2. Kenzie's options:
    - continue asking Addison what's wrong
    - suggest that Addison talk to a school and/or family counsellor
    - take space from Addison by hanging out with other friends from school
    - establish and communicate boundaries with Addison as a way of creating space in the relationship
  3. Addison's options:
    - talk to someone they trust about the jealous feelings that come up in their relationship with Kenzie
    - work to figure out why they feel jealous and what they might feel insecure about

**Reese and Taylor** are just getting to know each other. When Reese shows interest in Taylor, Taylor is thrilled because Reese is very good looking and popular. Reese has been known to cheat. Taylor thinks Reese will change when they are together. Within a week, Reese cheats.

1. Red Flag
2. Reese's options:
  - break their cycle of cheating and decide not to cheat on Taylor
  - talk to Taylor about whether they are interested in someone else
3. Taylor's options:
  - break up with Reese
  - be cautious about engaging in the relationship with Reese and assertively communicate their relationship expectations and boundaries