

Options Scenarios

Ana and Dax

Three weeks ago, Ana and Dax had unprotected sex and now Ana is worried because her period is two weeks late. Ana knows that if she is pregnant, she would not want to continue the pregnancy. She is worried about telling Dax because Dax has expressed to her before that he thinks abortion is wrong. What are Ana's options and next steps?

Parker

Parker is 16, queer, and gender non-binary. They recently found out that they are pregnant. They are interested in continuing the pregnancy and choosing to parent but they have just broken up with their partner and are scared about what it might mean to be a young single parent and queer and gender non-conforming. What considerations might Parker have in this scenario when making their decision? What resources could Parker access while making this decision?

Van

Over the weekend, Van was sexually assaulted at a party by an acquaintance from school. She feels like it is her fault and is scared that she might be pregnant and/or have an STBBI. She feels alone and ashamed and does not know who to talk to. What are Van's options and next steps?

Eno and Avi

Eno and Avi live in rural Northern Canada. Eno was pleasantly surprised (and excited) when she found out that she was pregnant but was nervous about continuing the pregnancy without the support of her monogamous partner, Avi. Eno told Avi about her decision and it turned out that Avi was also excited about being a parent. Twelve weeks into the pregnancy, Eno finds out that Avi has been cheating. Eno starts to doubt everything about their relationship and begins to reconsider her decision, even though she is still excited about continuing the pregnancy. What are Eno's options? What considerations might Eno have in this scenario when making her decision? What resources could Eno access while making this decision?

Rae

Rae is five weeks pregnant and knows that she wants to terminate the pregnancy. Rae had a surgical abortion last year and although she felt very relieved and happy about her decision, she also had feelings of sadness. She is nervous about being sad after the procedure and is wondering what kinds of supports she can access ahead of time. What options does Rae have and what are her next steps?

Adri and Tal

Adri finds out she is nine weeks pregnant and is unsure what she wants to do. Part of her is really excited about the idea of parenting but another part is nervous about money that her and her family do not have. Adri tells her partner, Tal, that she is unsure about whether or not she wants to continue the pregnancy. Tal responds by saying that he too is really excited about the idea of parenting and that he is sure that his parents would be able to help support them for the first couple of years. When Tal tells his parents about Adri being pregnant, their first response is “Okay, when is she getting an abortion?” When Tal tells them that Adri is considering parenting and that he wants to be involved, Tal’s parents start pressuring Adri to terminate the pregnancy. What are Adri’s options? What considerations might Adri have in this scenario when making her decision? What resources could Adri access while making this decision?

Kay

Kay just found out that she is pregnant. She loves kids but knows that she does not want to be a parent just yet. She also knows that she does not want to have an abortion. She decided to talk to her partner and family and they are all very supportive of whatever she decides. What are Kay’s options?